

Monthly report of JIRHC-Ramanathapuram-May 2023

Health education at NCD clinic

Health education regarding diet, physical activity, medication adherence was given to the patients coming to NCD clinic at community hall Thondamanatham.



Under five growth monitoring

Nutritional assessment of children below five years was done by measuring height, weight, and mid-upper arm circumference of children.



Adolescent health clinic

Adolescent health clinic was conducted in Thondamanatham Anganwadi center. Health education regarding nutritional anemia, and menstrual hygiene was given adolescent girls. Iron folic acid tablets were given to all adolescent girls.



Village health nutrition day

Village health nutrition day was conducted at Thondamanatham village where, blood pressure and anthropometric parameters of pregnant women were measured. Pregnant women and lactating mothers were given iron folic acid tablets. Health education was given to lactating mothers regarding exclusive breast feeding and timely immunization of their babies.



Health camp

A health camp was conducted in community hall of Thondamanatham village. Common ailments of patients were seen and medicines were given. Besides, cervical cancer screening was done for women above 30 years.



Monthly website JUHC report - May 2023

1) World Menstrual Hygiene Day (28.05.2023)

Over 20 adolescent boys and girls participated in the event organized on 27.05.23 at JUHC Kurusukuppam. Various activities like health talk on the theme for 20223 -Making menstruation a normal fact of life by 2030, on myths about menstruation and menstrual hygiene, the use of menstrual cups, the importance of nutrition, and substance abuse. Skit was performed by interns and resident doctors to create awareness of sanitary pads. A quiz was conducted on Menstrual Hygiene, and prizes were distributed to winners.



2) World No Tobacco Day 2023 (31.05.23)

A weeklong awareness program (25.05.23 - 31.05.23) was conducted to mark “World No Tobacco Day 2023” on the theme for this year – “We need food, not Tobacco”. Mounted Lung models were exhibited in the OPD premises to create awareness among the visitors to OPD. An outreach session was also planned at the Anganwadi Center on tobacco awareness. Health talk was given at JUHC on NCD clinic day (31.05.23) regarding complications of Tobacco use and IEC materials were given to the attendees.



Department of Preventive and Social Medicine,

JIPMER Brief report on Health Camp at Pulichapallam

Village

A Health camp was conducted on 25th May 2023 (Thursday) from 9:00 AM to 2:00 PM at Pulichapallam village, Villupuram district, Tamil Nadu. The health camp was organized under the Chief Minister's Comprehensive Health Insurance Scheme (CMCHIS) in coordination with Department of Preventive and Social Medicine, JIPMER. Health team comprised of clinical and para-clinical staff from JIPMER along with community volunteers.

Services provided at the camp:

1. General health check-up
2. Consultation with Departments of Medicine, Ophthalmology, ENT and Dermatology.
3. Lab investigations – Random Blood Sugar
5. Referral services to JIPMER and Thailapuram PHC as necessary

A total of 193 people attended the camp in which majority were in the age group of more than 60 years (33%) followed by 46 – 60 years (32%), 21 – 45 years (26%), 0-12 years (7%) and 13-20 years (2%). Among the attendees 77.7% were female and 22.3% were male.

Random blood glucose of 163 attendees were measured, out of which 34 (20.8%) had abnormal values. They were further advised on dietary modifications and emphasized to adhere to treatment.

People identified with cataracts were advised for cataract surgery and people with diminished visual acuity were given prescriptions for spectacles. Health education was provided by MBBS students on various themes of public health relevance using interactive charts and demonstrations for general population.



Jawaharlal Institute of Postgraduate Medical Education & Research
JIPMER and Heidelberg University to Collaborate on Capacity Building for Global Health

Jawaharlal Institute of Postgraduate Medical Education & Research (JIPMER), Puducherry, has embarked on a new project which entails a collaborative academic partnership with the renowned Heidelberg Institute of Global Health (HIGH) at Heidelberg University, Germany. This strategic collaboration, spanning over a 4-year period, i.e. from 2023 to 2026, aims to advance the endeavours of both the institutions to build capability for global health, in line with the Sustainable Developmental Goals. This project is supported a financial grant from the German Academic Exchange Service (DAAD) and the German Federal Ministry of Education and Research. The inaugural meeting for this project took place at JIPMER on 9th May 2023, bringing together experts and officials from both the institutions.

The key objectives of this partnership are to further enhance institutional infrastructure at the JIPMER School of Public Health (JISPH), with a focus on enabling and supporting the development of relevant courses and training, to internationalize the current teaching curricula and to facilitate exchange of students for exposure to varied settings in the evolving field of Global Public Health.

The event was attended by Dr. Pauline Grys (Coordinator of Teaching & Project Manager, Heidelberg Institute of Global Health), Dr. Suboor Bakht (Director, Foreign Branch Office South Asia (HCSA)), and Mr. Parthesarathy Rajendran (Project Coordinator) from the Heidelberg University end. German Consul-General, Ms. Michaela Kuechler, sent a recorded message for the meeting. On the JIPMER side, the event was attended by Dr. Rakesh Aggarwal (Director, JIPMER), Dr. Ravi Chittoria (Officiating Dean Academic, JIPMER), Dr. Sitanshu Sekhar Kar (Professor and Head, Department of Preventive & Social Medicine, JIPMER), and other faculty members and students of the Department.

The team also visited the JIPMER Rural Health Centre, Ramanathapuram, where they interacted with the staff and students.

