



**JAWAHARLAL INSTITUTE OF POST GRADUATE MEDICAL EDUCATION AND RESEARCH (JIPMER)
PUDUCHERRY- 605 006**

(An Institution of National Importance under the Ministry of Health and Family Welfare, Government of India)



TELEMEDICINE SERVICES

National Medical College Network (NMCN)
Regional Resource Centre (RRC) JIPMER



No. JIP/TELE-CGR/VC/2019/10/09

Date: 07/10/2019

To
The HOD
Department of Cardiology
JIPMER

Sub: Telemedicine – Video Conferencing Session between JIPMER and Trivandrum Medical College,
Trivandrum on 9th October 2019 at 2:00 to 3:00 pm - Reg.

This is to inform you that there will be Video Conferencing Session will be held.

Date/Time: 09/10/2019 (Wednesday) at 2:00 to 3:00 pm

Topic : Cholesterol: What Every Doctor Need to Know

Speaker : Prof. Dr. S. Sivasankaran, Department of Cardiology, Sree Chitra Institute of Medical Science and Technology Trivandrum

Summary : Cholesterol is one of the brilliantly engineered molecules in nature. DNA forms the chemical basis of heredity, and cholesterol confers the essence of life to the animal kingdom, through the steroid nucleus. Outside the cell it is atherogenic. All cells in the body synthesize their need and hence there is no need for dietary cholesterol. Hence the recommendation to restrict dietary cholesterol to less than 300 mg for adults in the dietary recommendations till 2015. In the dietary guidelines for Americans 2015 contrary stand was advocated by stating that dietary cholesterol is no longer a nutrient of concern. This rejuvenated the continued controversy on cholesterol and statins

The current scientific advances in cholesterol homeostasis and transport are briefly discussed so that every physician is confident to adopt and advice a prudent life style regarding dietary cholesterol in every day practice.

Between : SGPGIMS, Lucknow – KEM, Mumbai – AIIMS, Delhi – NEIGRIHMS, Shillong – IMS, BHU, Varanasi – TMC, Trivandrum - IGMC Shimla, – JIPMER, Puducherry.

Venue : Telemedicine Center, Department of Plastic Surgery, 4th Floor, SSB Block, JIPMER.

Contact : Mr. Mohamed Ishaq (M-9751590265) / Ms. Kavitha (M-9789114987)

Kindly inform Faculty and Residents to attend.

Thanking you,

Yours Sincerely,

Prof Dr Ravi Kumar Chittoria
Head of IT Wing & Telemedicine