

**JAWAHARLAL INSTITUTE OF POST GRADUATE MEDICAL EDUCATION AND RESEARCH (JIPMER)
PUDUCHERRY- 605 006**

(An Institution of National Importance under the Ministry of Health and Family Welfare, Government of India)



TELEMEDICINE SERVICES

National Medical College Network (NMCN)
Regional Resource Centre (RRC) JIPMER



No. JIP/TELE-CGR/VC/2019/32

Date: 08/08/2019

To
The Principal & the HOD
College of Nursing & Department of Anesthesiology
JIPMER

Sub: Telemedicine – Video Conferencing Session between JIPMER and North Eastern Indira Gandhi Regional Institute of Health and Medical Science (NEIGRIHMS), Shillong on 9th 10th & 11th August 2019 - Reg.

This is to inform you that there will be Video Conferencing Session will be held.

Date : 9th 10th & 11th August 2019

Topic : CME cum CNE and Workshop on Pain and Palliative Care.

Between : SMS MC, Jaipur, SGPGIMS, Lucknow – KEM, Mumbai – AIIMS, Delhi – NEIGRIHMS, Shillong – IMS, BHU, Varanasi – TMC, Trivandrum - IGMC Shimla, – JIPMER, Puducherry.

Venue : Telemedicine Centre, Dept. of Plastic Surgery, 4th Floor, SS Block.

Contact : Mr. Mohamed Ishaq (M-9751590265) / Mr Prasanth (M-9600836277)

Note : Program details follows.

Kindly inform Faculty and Residents to attend.

Thanking you,

Yours Sincerely,

A handwritten signature in blue ink, appearing to read 'R. Chittoria'.

Prof Dr Ravi Kumar Chittoria
Head of IT Wing & Telemedicine

Copy to:
The Director / MS/ Dean JIPMER, for kind information

National CME cum CNE Workshop on Palliative Care

9th August 2019



TIME	DURATION	TOPICS	SPEAKER
9:00-9:20 am	20 mins	Oral Care	Ms. Dukadonbi. S. Babai Nursing Officer, NEIGRIHMS
9:20-9:40 am	20 mins	-Tracheostomy Care -Endotracheal tube Care	Dr. Earnestly Roy Sobkhia Consultant, Critical Care, Woodland Hospital
9:40- 10:00 am	TEA BREAK		
10:00-10:30 am	30 mins	-Ryles tube/ Nasoduodenal -Uses, Care, Cleaning -Enema	Ms. Cheerful Hadem Nursing Officer, NEIGRIHMS
10:30-11:00 am	30 mins	Bedsore Prevention & Care	Smt. Irene Nongtraw. Deputy Nursing Superintendent cum CNE Chief Co- ordinator, NEIGRIHMS
11:00-11:20 am	20 mins	Bed Making	Ms. Ranjita Devi Senior Nursing Officer, NEIGRIHMS
11:20-11:40 am	20 mins	DVT Stockings	Ms. Rashmita Devi Nursing Officer, NEIGRIHMS
11:40-12:10 pm	30 mins	Lymphoedema Management	Mr. Rajith Physiotherapist, NEIGRIHMS
12:10-12:40 pm	30 mins	Care of Surgical site/ wound care	Dr. Dathiadnam Tongper Asst. Professor, Dept. Of General Surgery, NEIGRIHMS



12:40-1:00 pm	20 mins	Care of IV /infusion sites	Mr. Reginald Richie Shangliang Nursing Officer, NEIGRIHMS
1:00-1:20 pm	20 mins	Positioning & use of comfort devices	Ms. Deepshika Kakoty Nursing Officer, NEIGRIHMS
1:20-1:40 pm	20 mins	Use of infusion pumps	Ms. Darihunlang Pariat Nursing Officer, NEIGRIHMS
1:40-2:10 pm	LUNCH BREAK		
2:10-2:40 pm	25 mins	Social Work in Palliative Care	Dr Rakesh Nongthombam Asst. Professor, JNIMS, Manipur
2:40-3:00 pm	20 mins	Nebulization & Spacers (Cipla)	Dr. Prakash Deb Senior Resident Doctor, Dept. Of Anesthesiology and Critical Care, NEIGRIHMS
3:00-3:30 pm	30 mins	Role of Physiotherapy in Palliative Care	Mr. Rajith Physiotherapist, NEIGRIHMS
3:30-3:55 pm	30 mins	Colostomy Care	Dr Donkumar Khongwar Asst. Professor, Dept. Of General Surgery, NEIGRIHMS
3:55-4:25 pm	30 mins	Working as a team	Dr. Kabindra Bhagwati Associate Professor In-charge Palliative Care, BBCL, Assam
4:25-4:40 pm	15 mins	Control & Treatment of side effects associated with cancer pain: <ul style="list-style-type: none"> • Sedation • Cognitive dysfunction • Respiratory depression (morphine toxicity) 	Dr. Nandlal Bhagat Director, Global Pain & Palliative Clinic, Consultant at HAMM Hospital & Research Centre, Hojai, Assam
5:30-6:00 pm	30 mins	INAUGURATION	

National CME cum CNE Conference on Pain & Palliative Care

10th August 2019



TIME	DURATION	TOPICS	SPEAKER	CHAIRPERSON
9:00-9:15 am	15 mins	Introduction to Palliative Care	Dr. P. Bhattacharyya HOD, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	-
9:15-9:45 am	30 mins	Optimization of care: -Quality of life -Essential care -Anticipatory prescription -The terminal phase -Dying phase	Dr. P. Bhattacharyya HOD, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	Dr. Baridalyne Nongkynrib Professor, Centre for Community Medicine AIIMS, New Delhi
9:45-10:00 am	TEA BREAK			
10:00-10:20 am	20 mins	Assessment & management of: -Malodour -Exudate -Bleeding	Dr. Dathjadam Tongper Asst. Professor, Dept. Of General Surgery, NEIGRIHMS	Dr. Sandeep Sahu Additional Professor Anaesthesia, SGPGIMS, Lucknow Dr. Avanshu Navak Psychiatrist Daradia Pain Clinic, Kolkata
10:20-10:40 am	20 mins	Gastrointestinal assessment & management: -Constipation, enema -Nausea & vomiting	Dr. Tridip Borah Asst. Professor, BBCI, Assam	
10:40-11:20 am	20 mins 20 mins	Assessment & Pharmacological management of: -Anxiety -Agitation -Delirium -Dementia Non- pharmacological management of: -Anxiety -Agitation -Delirium -Dementia	Dr. Sonali Shinde (Drug) Consultant Psychiatrist Mind and Wellness Clinic Smt. Greenita Syiemlieh (Non Drug) Nursing Officer, NEIGRIHMS	



11:20-11:40 am	20 mins	Palliative sedation therapy	Dr. Himjyoti Das HOD, Dept. of Anesthesiology and Critical Care, Nazareth Hospital	Dr. Dipasri Bhattacharya Professor & Head, Dept. of Anesthesiology and Pain, RGKAR Medical College, Kolkata Dr. Debijyoti Dutta Consultant Pain Management, Kolkata
11:40-12:00 pm	20 mins	Palliative Care for the vulnerable age groups	Dr. Vikas Jagtap Associate Professor Radiation Oncology, NEIGRIHMS	
12:00-12:15 pm	15 mins	Control & treatment of side effects associated with cancer pain: -Nausea & vomiting } -Constipation } -Pruritis }	Dr. Wendy L Sailo Asst. Professor, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	Dr. Umesh Badani Professor & Head AIIMS, Patna Dr. Malvinder Singh Sahi Senior Consultant & Head, Pain Management, Rajiv Gandhi Cancer Institute & Research Center, New Delhi
12:15-12:35 pm	20 mins	Ethics based decision making	Dr. Sushrut Bandopadhyay HOD, Critical Care, Amri Hospital	Dr. Thoiba Sukham Professor and Head, JNIMS, Imphal
12:35-12:55 pm	20 mins	Essential requirements for homecare	Dr. Lakshmi Prasad Janapali Deputy MS, Associate Professor, Department of Hospital Administration, NEIGRIHMS	
12:55-1:15 pm	20 mins	Use of Feeding bag (e.g., Amika Bags) and maintaining nutrition-hydration in Palliative Care	Dr. Rajarshi Roy Intensivist in Amri Hospital, Kolkata	

1:15-1:35 pm	20 mins	PAIN -Why do we need to treat the pain early & Adequately	Dr. <u>Dipasri</u> Bhattacharya Professor & Head, Dept. of Anesthesiology and Pain, RGKAR Medical College, <u>Kolkata</u>	Dr. Gautam Das Director <u>Daradia</u> Pain Clinic, <u>Kolkata</u>
1:35-1:55 pm	20 mins	Assessment of Cancer pain: -Concept of total pain	Dr. <u>Sanghamitra</u> Bora State Lead-Palliative Care Assam Cancer Care Foundation(Joint initiative of <u>Govt</u> of Assam & Tata Trusts), Guwahati, Assam	
1:55-2:25 pm	LUNCH BREAK			
2:25-2:45 pm	20 mins	Emergencies in Palliative Care	Dr. <u>Donkumar</u> Khongwar. Asst. Professor, Dept. Of General Surgery, NEIGRIHMS	Dr. <u>Rituparna Barooah</u> Associate Professor Department of Physiology, NEIGRIHMS
2:45-3:05 pm	20 mins	Spirituality	Ms. Sandra <u>Lywait</u> Nursing Officer, NEIGRIHMS	
3:05-3:25 pm	20 mins	Yoga & Meditation	Dr. Vijay Kumar Associate Professor <u>NEIAH, Shillong</u> Mr <u>Soram Chinglensana</u> Yoga Instructor, NEIAH, Shillong Dr. <u>Darishisha</u> Suting. Lecturer, NEIAH, Shillong	
3:25-3:40 pm	TEA BREAK			
3:40-4:10 pm	30 mins	Role play-Breaking Bad News	Dr <u>Himashree</u> Bhattacharya Asst. Professor, Dept. Of Community Medicine, NEIGRIHMS	
4:10-6:10 pm	2hrs	Movie: Analysis & Discussion "THE WIT"	Dr. P. Bhattacharyya HOD, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	

National CME cum CNE & Workshop on Pain & Palliative Care
11th August 2019

TIME	DURATION	TOPICS	SPEAKER	CHAIRPERSON
8:30-8:45 am	15 mins	WHO ladder-Old & New	Dr. <u>Samarjit Dey</u>	Dr. Pankaj Kundra
8:45-9:00 am	15mins	CDC on Opioid use/ over dose	Dr. <u>Rohit</u> Lahori	
9:00-9:15 am	TEA BREAK			
9:15-9:30 am	15 mins	Phantom Limb Pain	Dr. Pankaj Kundra	Dr. <u>Rohit</u> Lahori
9:30-9:45 am	15 mins	Different Pharmacological management in Cancer pain	Dr. Sunny Malik	
9:45-10:15 am	30 mins	Panel Discussion: -Morphine and other Opioids -Legal Aspects	Panelist- Dr. Pankaj Kundra Dr. <u>Rohit</u> Lahori Dr. <u>Vikas Jagtap</u> Dr. Sharon <u>Uniki Lyngdoh</u> Shri. <u>Vivek Syiem</u>	Moderator- Dr. P Bhattacharyya
10:15-11:15 pm	1 hour	3D Dissection table	Dr. A Bhattacharyya Dr. Sarah <u>Balte</u> Dr. <u>Biswajit Saikia</u>	Moderator- Dr. Gautam Das



11:15- 2:00 pm "Cadaveric Workshop"	3hrs 15 mins	Pain control & blocks (interventional) -Coeliac, Splanchnic, Ganglion impar, Hypogastric -Stellate -Brachial plexus Gasserian, Glossopharyngeal	Dr. A. Bhattacharyya Dr. Sarah Balte Dr. Gautam Das Dr. Samarjit Dey Dr. Sunny Malik Dr. Pankaj Kundra Dr. Rohit Lahori Dr. Priyanka Dev Dr. Chinmoy Roy Dr. Debjyoti Dutta	
2:00 - 3:00 pm	LUNCH BREAK			