



JIPMER Scientific Society Guest Lecture

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SSB Auditorium, JIPMER



Maternal Mental Health -

Why must everyone mind this business?

Prof. Anne Elizabeth Buist

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Professor of Women's Mental Health,
University of Melbourne, Austin Health

Anne Buist is Professor of Women's Mental Health at the University of Melbourne, Austin Health. For over twenty-five years she ran mother baby units in both the private and public sector. Currently she oversees a perinatal outreach program, and works with protective services and the courts in cases of abuse, infanticide and child murder.

Professor Buist received a four-million-dollar grant and led the beyondblue postnatal depression program 2001-5, screening over 40,000 women across Australia including the outback, CALD and indigenous women; recommendations from this study have been accepted by the Federal government and are being implemented across Australia.

Other research has included the history of child abuse and perinatal depression, antenatal prevention, a cost analysis of perinatal depression, a qualitative study of why women delay seeking help and video feedback in the mother-infant relationship; all these projects had direct implications for clinical care as well as assisting in advising government and health services how to best ensure good outcomes.

She also writes novels; psychological thrillers with protagonist psychiatrist, Natalie King, and is co-author with husband Graeme Simson of Two Steps Forward, feel good finding oneself mid-life Rom-Com sold in eight countries and optioned by Fox Searchlight and Ellen DeGeneres.

