Infant and Young Child Feeding (IYCF) Workshop - Karaikal

The Department of Pediatrics, JIPMER Karaikal, in collaboration with the Department of Pediatrics, Government Hospital Karaikal, successfully conducted a comprehensive two-day training workshop on Infant and Young Child Feeding (IYCF) on 2nd and 3rd July 2025.

This workshop aimed at empowering nursing professionals in the domains of optimal infant nutrition, complementary feeding strategies, immunisation, growth monitoring, and impactful IYCF counselling. The sessions included hands-on training, case-based discussions, and participatory workstations.

Workshop Highlights

📅 Dates: 2nd & 3rd July 2025

📍 Venue: Government Hospital, Karaikal

👩‍⚕️ Participants: 29 Staff Nurses from GH Karaikal

🎓 Organised by: Department of Pediatrics, JIPMER Karaikal & GH Karaikal

Program Schedule

Day 1 (July 2, 2025):

- Lectures on Complementary Feeding Principles and Tips
- Workstations:
  - Anthropometry & Growth Monitoring
  - Nutrient Calculation

Day 2 (July 3, 2025):

- Sessions on IYCF Counselling and Young Child Immunisation
- Workstations:
  - Immunisation Practice
  - IYCF Counselling

Resource person

1) Dr Vasanthan T, Associate Professor, Pediatrics, JIPMER Karaikal
2) Dr Kayalvizhi, Senior resident, Pediatrics, JIPMER, Puducherry

Participants (Nursing officers/SNO)

- M. Malathy
- M. Akaliya
- N. Lakshmipriya
- A. Aruljothi
- C. Pondyselvi
- K. Shanthi
- O. Suganya
- Mahalakshmi K
- Immaculate Mary
- G. Jobhini George
- R. Uthayasankari
- D. Vengateswari
- G. Kalaiselvi (SNO)
- T. Seetha
- S. Maheswari
- Dr. Koushi Naik (SMO)
- V. Priyanka
- K. Rajeswari
- S. Gayatri
- S. Rajalakshmi
- S. Tamilzharsi
- Saranya R.
- S. Kalaiselvi
- Drishya
- Kanmani
- Jennifer
- K. Dhanalakshmy

- N. Hemalatha
- M. Arpudamarie

Conclusion

The two-day IYCF workshop was a valuable learning platform fostering active participation, skill development, and collaborative learning among the nursing community. The mix of theory and practical exposure ensured effective transfer of essential knowledge that would directly impact the quality of pediatric care.

We sincerely thank Dr Vir Singh Negi, Director, JIPMER and Dr. Kusa Kumar Shaha, Dean, JIPMER (Karaikal), for their unwavering support and encouragement in organising this workshop.

Dr Vasanthan T

Associate Professor & OIC of Pediatrics

Organizing secretary