



## CME on “HEALTH BEYOND MENOPAUSE”



Department of Obstetrics and Gynaecology & Chennai Menopause Society  
28<sup>th</sup> January 2018, Sunday  
Venue-Mini Auditorium, JIPMER Academic centre, 4<sup>th</sup> floor, JIPMER

Time	Topic	Speakers
<b>Session I: Menopause/Perimenopause Diagnosis</b> Chairpersons: Dr. Pravathi Pal & Dr. Latha Ch		
9.00-9.15am	Diagnosis of Perimenopause and Premature menopause	Dr. Sunayna, 3 <sup>rd</sup> year PG
9.15- 9.45 am	Diagnosis and management of Menopause-NICE guidelines	Dr. Mrudhula, SR
9.45-10.15am	Information needs of women with Menopause	Dr. Paapa Dasari
10.15-10.30 am	Starting and stopping HRT	Dr. Haritha Sagili
10.30-11am	<b>INAUGURATION</b>	
11-11.30am	<b>TEA</b>	
<b>Session II: Risk assessment and Prevention</b> Chairpersons: Dr. D K Patro & Dr. Paapa Dasari		
11.30-11.50 am	Cardio Metabolic Risk & Prevention of CAD	Dr. Jayaprakash Sahoo
11.50am-12.10.pm	Fracture Risk & Prevention of Fractures	Dr. Deep Sharma
12.10 -12.30 pm	Genital tract Malignancies & Prevention	Dr. Jayalakshmi.D
12.30-12.50 pm	Malignancies of other systems	Dr. Murali. S
12.50 -1.10 pm	Breast cancer risk and Preventive strategies	Dr. Kadambari D
1.10pm-2pm	<b>LUNCH</b>	
<b>Session III: Management of Perimenopause and Menopause</b> Chairpersons: Dr. Seetesh Ghose & Dr. P Sujatha		
2-2.30pm	Urological symptoms and Sexual Dysfunction	Dr. A. Tamilselvi, Chennai
2.30 -2.50pm	HRT and atherosclerosis in early menopause	Dr. Deepa Thangamani, Chennai
2.50-3.10pm	Managing short term menopausal symptoms	Dr. T.K. Shaanthy Gunasingh, Chennai
3.10-3.30pm	Long term benefits and risks of HRT	Dr. N Hephzibah Kirubamani, Chennai
3.30- 4 pm	Alternatives to HRT	Dr. Gowri Dorairajan
4.00pm	<i>Vote of thanks</i>	<i>Dr. Haritha Sagili</i>

**Dr. Paapa Dasari**  
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**Dr. Gowri Dorairajan**  
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**Dr. Haritha Sagili**  
Organising Secretary  
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Registration fee –Rs.500. Please Register By 25/1/2018.  
CONTACT- Stenographer Dept of OG-2298134

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**INAUGURATION**  
**10.30AM -11.00AM**

*Invocation to Lord Dhanvanthri*  
*Welcome Address*  
*Lighting of Lamp*

***Guests of Honour***  
***Prof.Subhash Chandra Parija***  
*Director, JIPMER*

***Prof.R.P.Swaminathan***  
*Dean Academic, JIPMER*

***Prof. Ashok Shankarrao Badhe***  
*Medical Superintendent, JIPMER*

***Dr.N Hephzibah Kirubamani***  
*Vice President, Chennai Menopause Society*

***Vote of Thanks***